

CURRENT ACTIVITIES IN THE VILLAGE HALL



Regular weekly Yoga sessions.

Day: Tuesday
Time: 10.00am to 11.30 am
Run by: Sue O'Sullivan
Contact No: 01308456940



Regular weekly Pilates sessions.

Day: Thursday
Time: 11.30 am to 12.30 pm
Run by: Felicity Cottenham
Contact No: 07590 521936



Regular weekly Over 50s Keep Fit sessions.

Day: Friday
Time: 1.00 Pm to 17.00 pm
Run by: Natalie Swanson
Contact No: 07897684345